

SUBJECT - ENGLISH CORE

SUBJECT CODE: 301

Unit No	Name of the Chapter/Unit	Marks
01	Reading Skills	26
02	Creative Writing Skills & Grammar	23
03	Literature Text Book and Supplementary Reading Text	31
	Total	80
01	Internal assessment	
	Listening	5
	Speaking	5
	Project Work	10
	Grand Total	100

Month	Hornbill/Snapshot	Reading, Grammar & Advanced Writing Skills	Activities/Projects
April 2024	i. The Portrait of a Lady (Prose) ii. A Photograph (Poem) iii. The Summer of The Beautiful White Horse (Prose)	Short Writing Task: i. Classified Advertisement (a) Situation Vacant (b) Situation Wanted (c) To Let	i. Collecting ads from newspaper and pasting it in their note books. ii. Prepare visual representations of scenes from the chapter: The Portrait Of a Lady through drawings or digital art.
May 2024	i. The Address (Prose)	i. Classified Advertisement (contd.) (d) For Sale (e) For Purchase (f) Travel and Tour (g) Educational	i. Creative Writing: Write a continuation of the story, imagining what happens to Mrs.S after the events described in the story.
June 2024	i. We're Not Afraid to Die.....If We Can Be Together (Prose) ii. The Laburnum Top (Poem)	i. Poster ii. Grammar: Practice Of Questions On Gap Filling (Tenses, Clauses)	i. Listening skills practice test

Month	Hornbill/Snapshot	Reading, Grammar & Advanced Writing Skills	Activities/Projects
July	i. Discovering Tut: The Saga Continues (Prose) ii. The Voice Of The Rain (Poem)	i. Note Making and Summarization ii. Grammar: Questions on Reordering/Transformation of Sentences	i. A debate on the topic of whether artefacts from ancient civilizations, such as Tutankhamun's treasures should be returned to their countries of origin or remain in museums around the world. Students should be divided into groups representing different stakeholders, such as archaeologists, museum curators, Egyptian officials and Cultural heritage advocates. Encourage them to research and present arguments supporting their assigned positions.
August 2024	i. Mother's Day (Play)	Long compositions i. Speech writing ii. Debate writing	i. Presentation of speeches by students both oral & written
September 2024	Revision TERM 1 EXAMINATION	i. Unseen passage: Case based passage with Verbal/ Visual inputs like statistical data, chart etc.	i. Topics for assessment of speaking skills to be assigned to students.
October/ November 2024	i. Childhood (Poem) ii. Birth (Prose)	Practice on i. Classified advertisement ii. Transformation of sentences	i. Write a brief note on one of your childhood experiences (good or bad) and present the same in class. ii. Project work to be assigned.

Month	Hornbill/Snapshot	Reading, Grammar & Advanced Writing Skills	Activities/Projects
December 2024	i. The Adventure (Prose) ii. Silk Road (Prose)	Comprehension of unseen passage (Revision)	i. The documentary film on the Mount Kailash may be shown and students may be asked to write a brief note on it.
January 2025	i. Father to Son (Poem) ii. The Tale of Melon City (Poem)	Note making and summarization (revision)	i. Have students create a visual representation of the poem, either through a collage of images or through a storyboard depicting the complexities of Father-Son relationship. ii. Submission of project iii. ALS to be conducted.
February 2025	TERM 2 EXAMINATION	REVISION	

SUBJECT - MATHEMATICS

MONTH	UNIT	CHAPTER	NO OF PERIODS	LAB ACTIVITIES
APRIL	SETS AND RELATIONS	SETS	20	ACTIVITY – 1
		RELATIONS AND FUNCTIONS	20	
MAY		TRIGONOMETRIC FUNCTIONS	20	ACTIVITY – 2
JUNE		TRIGONOMETRIC FUNCTIONS.....CONTINUED		ACTIVITY – 3
JULY	ALGEBRA	COMPLEX NUMBERS AND QUADRATIC EQUATIONS	10	ACTIVITY - 4
		LINEAR INEQUALITIES	10	
		SEQUENCES AND SERIES	10	ACTIVITY - 5
AUGUST	COORDINATE GEOMETRY	STRAIGHT LINES	15	
SEPTEMBER	REVISION AND HALF YEARLY EXAMINATION			
OCTOBER	ALGEBRA	PERMUTATIONS AND COMBINATIONS	10	ACTIVITY - 6
		BINOMIAL THEOREM	10	
NOVEMBER		CONIC SECTIONS	25	ACTIVITY - 7
		INTRODUCTION TO THREE DIMENSIONAL GEOMETRY	10	
DECEMBER	CALCULUS	LIMITS AND DERIVATIVES	40	ACTIVITY - 8
JANUARY	STATISTICS AND PROBABILITY	STATISTICS	20	
		PROBABILITY	20	
FEBRUARY	REVISION			

BLUEPRINT OF THE QUESTION PAPER

S. NO	CHAPTER	NUMBER OF QUESTIONS OF					TOTAL MARKS
		1 MARK	2 MARKS	3 MARKS	4 MARKS	5 MARKS	
1	SETS	3	1			1	10
2	RELATIONS AND FUNCTIONS	3		1	1		10
3	TRIGONOMETRIC FUNCTIONS	3	1	1	1	1	17
4	COMPLEX NUMBERS AND Q. EQUATIONS	3	2	1			10
5	LINEAR INEQUALITIES	3		1			06
6	SEQUENCES AND SERIES	3		1	1	1	15
7	STRAIGHT LINES	2	1	1		1	12
8	SEQUENCES AND SERIES	3		1		1	11
	Number of Questions	20	5	6	3	4	38 Q
	Marks	20	10	18	12	20	80 MARKS
	INTERNAL ASSESSMENT						20 MARKS

TERM – II

MARKS DISTRIBUTION – UNIT WISE

NO	UNIT	NO OF PERIODS	MARKS
I	SETS AND FUNCTIONS	60	23
II	ALGEBRA	50	25
III	COORDINATE GEOMETRY	50	12
IV	CALCULUS	40	8
V	STATISTICS AND PROBABILITY	40	12
	TOTAL	240	80
	INTERNAL ASSESSMENT		20
	TOTAL MARKS		100

SUBJECT : PHYSICS (THEORY- Code No. 042)

MONTH	TOPIC	HALF YEARLY	FINAL
APRIL & MAY	UNIT-1: Physical World and Measurement Chapter–2: Units and Measurements	9	23
	UNIT-2 Kinematics Chapter–3: Motion in a Straight-Line	27	
JUNE	UNIT-2 Kinematics (Continued) Chapter–4: Motion in a Plane		
JULY, AUGUST	UNIT- 3 Laws of Motion Chapter–5: Laws of Motion	19	
	Unit IV: Work, Energy and Power Chapter–6: Work, Energy and Power	15	
SEPTEMBER (1 st -25 th)	Revision and TERM-I/Half-Yearly Exam		17
SEPTEMBER, OCTOBER	Unit V : Motion of System of Particles and Rigid Body		
	Chapter–7: System of Particles and Rotational Motion		
	Unit VI: Gravitation Chapter–8: Gravitational		
NOVEMBER	Unit VII : Properties of Bulk Matter Chapter–9: Mechanical Properties of Solids Chapter–10: Mechanical Properties of Fluids Chapter–11: Thermal Properties of Matter		20
DECEMBER	Unit VIII: Thermodynamics Chapter–12: Thermodynamics		
	Unit IX: Behaviour of Perfect Gases and Kinetic Theory of Gases Chapter–13: Kinetic Theory		
JANUARY	Unit X: Oscillations and Waves Chapter–14: Oscillations Chapter–15: Waves		10
FEBRUARY	REVISION AND FINAL/TERM-II EXAM		

SUBJECT-CHEMISTRY

Chapter	Month	Weightage (HY)	Weightage (Annual)
1)Some basic concepts of chemistry	April – May	18	7
2)Structure of Atom	June- July	22	9
3)Classification of elements and periodicity in properties	July	10	6
4) Chemical bonding & molecular structures	August	20	7
5)Thermodynamics	October		9
6.Equilibrium	November		7
7. Redox reaction	November		4
8.Organic chemistry-Some Basic principles & Techniques	December		11
9.Hydrocarbons	January		10
Revision and Annual Examination	February		

Question Pattern

There will be no overall choice. However, internal choices will be there.

Type	Marksforeach question	Numberofquestions	Totalmarks
MCQ(including 4 AR Type)	1	16	16
SA-I	2	5	10
SA-II	3	7	21
Case based	4	2	08
Long answer	5	3	15
Total			70

SUBJECT - BIOLOGY

MONTH	TOPIC	Half Yearly Marks	Annual Marks
APRIL	Ch-1 The Living World Ch-2 Biological Classification	4 8	2 3
MAY	Ch-3 Plant Kingdom	10	5
JUNE	Ch-4 Animal Kingdom	10	5
JULY	Ch-5 Morphology of Flowering Plants Ch-6 Anatomy of Flowering Plants	10 8	3 3
AUGUST	Ch-7 Structural Organization in Animal Ch-8 Cell : The Unit of Life Ch-9 Biomolecules	8 6 6	4 5 5
SEPTEMBER	Half Yearly Exam	70	
OCTOBER	Ch- 10 Cell Cycle and Cell Division Ch-11 Photosynthesis in Higher Plants		5 4
NOVEMBER	Ch-14 Breathing and Exchange of Gases Ch-12 Respiration in Plants Ch-15 Body Fluids and Circulation		2 5 2
DECEMBER	Ch-13 Plant Growth and Development Ch-16 Excretory Products and Their Elimination Ch-17 Locomotion and Movement		3 5 2
JANUARY	Ch-18 Neural Control and Coordination Ch-19 Chemical Coordination and Integration		5 2
FEBRUARY	Revision		70

BLUEPRINT

Marks per Question	No. of questions	Total marks
1 mark (MCQ)	16	16
2 marks (VSA)	5	10
3 marks (SA)	7	21
4 marks (case-based)	2	8
5 marks (LA)	3	15
Total	33	70

SUBJECT- COMPUTER SCIENCE

MONTH	TOPIC	NO. OF HOURS REQUIRED AS PER CBSE GUIDELINES
APRIL, 2025	Unit 1 : Computer Systems and Organisation <ul style="list-style-type: none"> Number System: Binary, Octal, Decimal and Hexadecimal number system; conversion between number systems Basic computer organization: Introduction to Computer System, hardware, software, input device, output device, CPU, memory (primary, cache and secondary), units of memory (bit, byte, KB, MB, GB, TB, PB) Types of software: System software (Operating systems, system utilities, device drivers), programming tools and language translators (assembler, compiler, and interpreter), application software Operating System (OS) : functions of the operating system, OS user interface SYLLABUS FOR UT-1 NUMBER SYSTEM BASIC COMPUTER ORGANIZATION, INPUT AND OUTPUT DEVICES, UNITS OF MEMORY ETC.,	10 THEORY PERIODS + 10 PRACTICAL PERIODS
MAY, 2025	<ul style="list-style-type: none"> Boolean logic : NOT, AND, OR, NAND, NOR, XOR, NOT, truth tables and De Morgan's laws, Logic circuits Encoding Schemes : ASCII, ISCII, and Unicode (UTF8, UTF32) Unit 2: Computational Thinking and Programming <ul style="list-style-type: none"> Introduction to Problem-solving: Steps for Problem-solving (Analyzing the problem, developing an algorithm, coding, testing, and debugging), representation of algorithms using flowchart and pseudocode, decomposition Familiarization with the basics of Python programming : Introduction to Python, Features of Python, executing a simple "hello world" program, execution modes : interactive mode and script mode, Python character set, Python tokens (keyword, identifier, literal, operator, punctuator), variables, concept of l-value and r-value, use of comments SYLLABUS FOR UT-2-NUMBER SYSTEM, BOOLEAN ALGEBRA	
JUNE, 2025	<ul style="list-style-type: none"> Knowledge of data types : Number (integer, floating point, complex), boolean, sequence(string, list, tuple), None, Mapping (dictionary), mutable and immutable data types. Operators : arithmetic operators, relational operators, logical operators, assignment operators, augmented assignment operators, augmented assignment operators, identity operators (is, is not), membership operators (in not in) 	

MONTH	TOPIC	NO. OF HOURS REQUIRED AS PER CBSE GUIDELINES
JUNE, 2025	<ul style="list-style-type: none"> Expressions, statement, type conversion, and input/output : precedence of operators, expression, evaluation of an expression, type-conversion (explicit and Implicit conversion), accepting data as input from the console and displaying output. Errors- syntax errors, logical errors, and run-time errors 	
JULY, 2025	<ul style="list-style-type: none"> Flow of Control: introduction, use of indentation, sequential flow, conditional and iterative flow Conditional statements : if, if-else, if-elif-else, flowcharts, simple programs: e.g.: Absolute value, sort 3 numbers and divisibility of a number. <p>Iterative Statement: for loop, range(), while loop, flowcharts, break and continue statements, nested loops, suggested programs: generating pattern, summation of series, finding the factorial of a positive number, etc.</p>	
AUGUST, 2025	<p>REVISION</p> <p>SYLLABUS FOR TERM 1 -</p> <p>Unit 1: Computer Systems and Organisation- All topics of Unit -1</p> <ul style="list-style-type: none"> Unit 2: Computational Thinking and Programming – I up to looping statements for & while. 	
SEPTEMBER, 2025	<p>Strings: introduction, string operations (concatenation, repetition, membership and slicing), traversing a string using loops, built-in functions/methods–len(), capitalize(), title(), lower(), upper(), count(), find(), index(), endswith(), startswith(), isalnum(), isalpha(), isdigit(), islower(), isupper(), isspace(), lstrip(),rstrip(), strip(), replace(), join(), partition(), split()</p>	
OCTOBER, 2025	<p>Lists : introduction, indexing, list operations (concatenation, repetition, membership and slicing), traversing a list using loops, built-in functions/methods– len(), list(), append(), extend(), insert(), count(), index(), remove(), pop(), reverse(), sort(), sorted(), min(), max(), sum(); nested lists, suggested programs: finding the maximum, minimum, mean of numeric values stored in a list; linear search on list of numbers and counting the frequency of elements in a list.</p> <p>SYLLABUS FOR UT-3 –FOR LOOP, WHILE LOOP, STRINGS</p>	80 THEORY + 60 PRACTICAL PERIODS FOR COMPUTATIONAL THINKING AND PROGRAMMING
NOVEMBER, 2025	<p>Tuples: introduction, indexing, tuple operations (concatenation, repetition, membership and slicing); built-in functions/methods – len(), tuple(), count(), index(), sorted(), min(), max(), sum(); tuple assignment, nested tuple; suggested programs: finding the minimum, maximum, mean of values stored in a tuple; linear search on a tuple of numbers, counting the frequency of elements in a tuple.</p>	

MONTH	TOPIC	NO. OF HOURS REQUIRED AS PER CBSE GUIDELINES
	Dictionary: introduction, accessing items in a dictionary using keys, mutability of a dictionary (adding a new term, modifying an existing item), traversing a dictionary,	20 PERIODS
DECEMBER, 2025	<p>built-in functions/methods – len(), dict(), keys(), values(), items(), get(), update(), del, clear(), fromkeys(), copy(), pop(), popitem(), setdefault(), max(), min(), sorted(); Suggested programs: count the number of times a character appears in a given string using a dictionary, create a dictionary with names of employees, their salary and access them.</p> <ul style="list-style-type: none"> ● Introduction to Python modules: Importing module using 'import <module>' and using from statement, importing math module (pi, e, sqrt(), ceil(), floor(), pow(), fabs(), sin(), cos(), tan()); random module (random(), randint(), randrange()), statistics module (mean(), median(), mode()). ● SYLLABUS FOR UT-4-LIST & TUPLE 	
JANUARY, 2026	<p>Unit 3: Society, Law and Ethics</p> <ul style="list-style-type: none"> ● Digital Footprints <p>Digital Society and Netizen: net etiquettes, communication etiquettes, social media etiquettes</p> <ul style="list-style-type: none"> ● Data Protection: Intellectual property rights (copyright, patent, trademark), violation of IPR (plagiarism, copyright infringement, trademark infringement), open source software and licensing (Creative Commons, GPL and Apache) ● Cyber Crime: definition, hacking, eavesdropping, phishing and fraud emails, ransom ware, cyber trolls, cyber bullying ● Cyber safety: safely browsing the web, identity protection, confidentiality ● Malware: viruses, trojans, adware ● E-waste management: proper disposal of used electronic gadgets. ● Information Technology Act (IT Act) ● Technology and society: Gender and disability issues while teaching and using computers 	
FEBRUARY, 2026	<ul style="list-style-type: none"> ● REVISION <p>SYLLABUS FOR TERM-II</p> <ul style="list-style-type: none"> ● Entire syllabus of Std.XI 	

BLUE PRINT OF TERM-1(As per CBSE Sample Question Paper)

Subject: Computer Science

STD-XI

Full Marks:70 (Theory)+30

(Practical)

Unit	Chapter Name	Total Marks Unit-Wise	No.of Questions Carrying(1Mark)	No.of Questions Carrying(2 Mark)	No.of Questions Carrying(3 Mark)	No. of Questions Carrying(4 Mark)	No. of Questions Carrying(4 Mark)	Total No.of Questions(Marks)
1	Computer Systems and organization Basic computer organization ,software, Number System - ASCII, ISCII, unicode Boolean Algebra	25	9(9)	2(4)	1(3)	1(4)	1(5)	14 Quest. 25 Marks
2	Computational Thinking and Programming – 1	45						
	Flow Chart ,Algorithm Introduction to Python Getting started with python Python Fundamentals Data handling Programming in Python Conditional Statements, if else, For loop, while loop		12 (12)	5(10)	2(6)	3(12)	1(5)	23Quest . (45 Marks)
	Total No .of Questions(Marks)							37 Quest. (70 Marks)

SUBJECT – ECONOMICS

MONTH	INTRODUCTORY MICRO ECONOMICS	STATISTICS FOR ECONOMICS
APRIL	INTRODUCTION What is Economics; meaning of microeconomics and macroeconomics; positive and normative economics; Central problems of an economy	INTRODUCTION Meaning, scope, functions and importance of statistics in Economics
MAY	INTRODUCTION Concepts of production possibility frontier and opportunity cost	COLLECTION, ORGANISATION AND PRESENTATION OF DATA Collection of data- sources of data- primary and secondary; sampling and its different types; methods of collecting data; Census of India and National Sample Survey Organization.
JUNE	CONSUMER'S EQUILLIBRIUM AND DEMAND Meaning of utility, marginal utility, law of diminishing marginal utility; conditions of consumer's equilibrium using marginal utility analysis.	COLLECTION, ORGANISATION AND PRESENTATION OF DATA Organization of data: Meaning and types of variables; Frequency Distribution
JULY	CONSUMER'S EQUILLIBRIUM AND DEMAND Indifference curve analysis of consumer's equilibrium; Demand; market demand; determinants of demand; demand schedule; demand curve and its slope; movement along the demand curve and shifts in the demand curve	COLLECTION, ORGANISATION AND PRESENTATION OF DATA Presentation of data- tabular and diagrammatic presentation of data; bar diagram; pie diagram; histogram; polygon; ogive; arithmetic line graph
AUGUST	CONSUMER'S EQUILLIBRIUM AND DEMAND Price elasticity of demand; factors affecting price elasticity of demand; measurement of price elasticity of demand. Revision	STATISTICAL TOOLS AND INTERPRETATION Measures of Central Tendency- Arithmetic Mean
SEPTEMBER	HALF YEARLY EXAMINATION	
OCTOBER	PRODUCER BEHAVIOUR AND SUPPLY Meaning of production function- Short run and long run; Total product, average product, marginal product; returns to a factor	STATISTICAL TOOLS AND INTERPRETATION Measures of Central Tendency- Median and Mode

NOVEMBER	PRODUCER BEHAVIOUR AND SUPPLY Cost- Short run cost- total cost, total fixed cost, total variable cost, average variable cost, average fixed cost, average cost and marginal cost- meaning and their relationship. Revenue- total, average and marginal revenue- meaning and their relationship	STATISTICAL TOOLS AND INTERPRETATION Correlation- meaning and properties; scatter diagram
DECEMBER	PRODUCER BEHAVIOUR AND SUPPLY Producer's equilibrium- meaning and its conditions in terms of marginal revenue- marginal cost; Supply, market supply, determinants of supply, movement along and shift in supply, price elasticity of supply	STATISTICAL TOOLS AND INTERPRETATION Correlation- Karl Pearson's method, Spearman's rank correlation
JANUARY	PERFECT COMPETITION-PRICE DETERMINATION AND SIMPLE APPLICATIONS Perfect competition-Features; Determination of market equilibrium and effects of shifts in demand and supply.(Short Run Only) Simple applications of demand and supply;Price ceiling, Price floor	STATISTICAL TOOLS AND INTERPRETATION Introduction to index number- meaning, types- WPI, CPI , index of industrial production, uses of index numbers; Inflation and Index numbers, Simple Aggregative method
FEBRUARY	REVISION	REVISION
MARCH	FINAL EXAM	

BLUE PRINT FOR HALFYEARLY EXAM

MICRO ECONOMICS (40 marks)							
SL NO.	TOPICS	MARKS	MCQ (1mark each)	VSA (3 marks each)	SA (4 marks each)	LA (6 marks each)	TOTAL (No. of questions)
1	INTRODUCTION TO MICRO ECONOMICS	12	3	1		1	5
2.	CONSUMER'S EQUILIBRIUM	14	4		1	1	6
3.	THEORY OF DEMAND AND ITS ELASTICITY	14	3	1	2		6
STATISTICS (40 marks)							
1.	INTRODUCTION TO STATISTICS.	6	2		1		3
2.	COLLECTION AND ORGANISATION OF DATA	7	3		1		4
3.	TABULAR AND DIAGRAMMATIC PRESENTATION OF DATA	11	2	1		1	4
4.	GRAPHICAL PRESENTATION OF DATA	6	2		1		3
5.	ARITHMATIC MEAN	10	1	1		1	3

SUBJECT - ACCOUNTANCY (055)

Class XI Accountancy (055)

Ch No	Topic	Weightage		Annual
		Month	HY	
	Unit-1: Theoretical Frame Work			
1	Meaning & Objectives of Accounting	June		
2	Basic Accounting terms	June		
3	Accounting Principles	June		
4	Process & Basis of Accounting	June		
5	AS & IFRS	June		
6	Accounting Equations	July		
7	Double Entry System	June		
8	Origin of Transactions : Source Documents of Accountancy	June		
9&10	Books of Original Entry - Journals with GST	July	10	
11	Cash Book	July	10	
12	Special Purpose Subsidiary Books	Aug	10	
13	Ledger	Aug	10	
14	Trial balance and Errors	Aug	10	
15	Bank Reconciliation Statement:	Aug	10	
16 & 17	Depreciation, Provisions and Reserves.	sep/Oct		
18	Rectification of Errors	Nov		
19	Capital & Revenue	Nov		
	Part B: Financial Accounting - II 35 Marks			
	Unit 3: Financial Statements of Sole Proprietorship: From Complete and Incomplete Records			
20 & 21	Financial Statements with adjustments	Dec		20
22	Incomplete Records	Jan		5
	Part C: Project Work (Any One)		10	10
	FM		100	100

BUSINESS STUDIES (Code No. 054)

		Weightage		
Ch No	Chapter Name	Month	HY	Annual
	Part A Foundations of Business			
1	Nature and Purpose of Business	June	15	20
2	Forms of Business Organizations	June/July	20	
3	Public, Private and Global Enterprises	July	15	18
4	Business Services	July/Aug	15	
5	Emerging Modes of Business	Aug	10	12
6	Social Responsibility of Business and Business Ethics	Aug	15	
	Part B Finance and Trade			
7	Sources of Business Finance	Sept/Oct		20
8	Small Business	Oct		
9	Internal Trade	Nov/Dec		20
10	International Business	Dec/Jan		
	Project Work		10	10
	FM		100	100

SUBJECT – PHYSICAL EDUCATION (048)

MONTHLY SYLLABUS FOR CLASS XI

UNIT	UNIT NAME	MONTH	NO OF PERIODS
UNIT – 1	CHANGING TRENDS & CAREER IN PHYSICAL EDUCATION.	APRIL & MAY	15
UNIT – 2	OLYMPIC VALUE EDUCATION.	APRIL & MAY	10
UNIT – 3	YOGA.	JUNE & JULY	14
UNIT – 4	PHYSICAL EDUCATION AND SPORTS FOR CWSN.	JUNE & JULY	13
UNIT – 5	PHYSICAL FITNESS, WELLNESS & LIFE STYLE	AUGUST	10
UNIT – 6	TEST, MEASUREMENT AND EVALUATION.	AUGUST	15
UNIT – 7	FUNDAMENTALS OF ANATOMY AND PHYSIOLOGY IN SPORTS.	SEPTEMBER	15
UNIT – 8	FUNDAMENTALS OF KINESIOLOGY AND BIOMECHANICS IN SPORTS.	SEPTEMBER	15
UNIT – 9	PSYCHOLOGY AND SPORTS.	OCTOBER	13
UNIT – 10	TRAINING AND DOPING IN SPORTS.	NOVEMBER	14
	REVISION	DECEMBER & JANUARY	
	PRACTICAL		56

